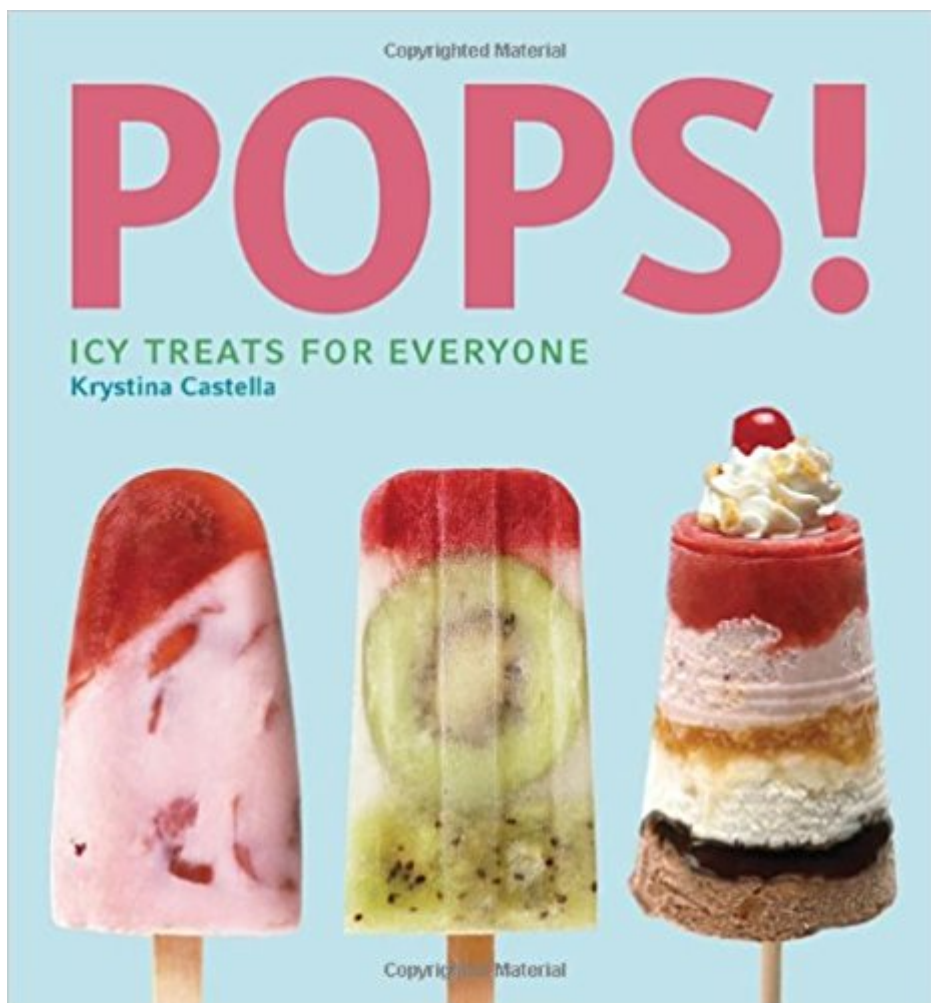


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# Pops!: Icy Treats For Everyone



## Synopsis

Cool + Sweet + Refreshing = Pops! This innovative book gives the ice pop a flavor makeover, providing more than 100 recipes and variations for irresistible concoctions you've never tasted before. You'll also learn fancy techniques for making whimsical pops that look as fun as they taste. Kids will enjoy the juicy pops and flip over the soda fountain and pudding pops. Grown-up kids will dig the energy-boosting coffee, tea, and healthy energy pops and delight in the sophisticated cocktail pops. And for the do-it-yourselfers, this book provides instructions for making your own pop molds from recycled housewares and even silicone. When it comes to pops, the possibilities are endless—and so much fun!

## Book Information

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## Customer Reviews

Krystina Castella enjoys creating books and products that inspire play. She lives and works near Los Angeles as a writer, industrial designer, and professor at the Art Center College of Design in Pasadena. The author of the popular book *Crazy About Cupcakes*, Krystina has also designed dozens of unique products ranging from housewares and clothing to furniture and toys. Emily Brooke Sandor is a food and travel photographer based in Los Angeles.

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The writer gives a lot of information - she has a passion for pops and it shows. We learn all about them including how to use other items for molds and sticks. She gives explicit directions including for variations on all the recipes - it is great. We get some for health, kids, cocktails, cultures, soda fountain styles, fruit and juice, yogurt and pudding - a wide variety. With all the options and variations, there are many to choose from - a nice problem to have too many choices. The pages

are thick, the photos are nice, the writing is easy to read.

Not quite what I was expecting. I suppose they were trying to stick a whole lot of variety into a small book. While some of them were helpful, a lot were strange, and others just plain bizarre. Putting a stick in a ice cream sandwich does not a popsicle make.

Based on variety and illustration of pop recipes, this book really rates 5 stars; however, I give only 3 because many of the recipes are just too fancy and expensive to make. A few are such odd combinations that we'll never try them. Sadly, this will probably end up in a future yard sale.

I bought this as a fun thing to do with my boys over the summer. It is a very nice recipe book with beautiful color and pictures. Lots of terrific popsicle recipes...many beyond anything I would have thought of. They are all fairly simple and all different kinds to choose from. My boys liked it a lot too. I definitely recommend if you are looking for a fun popsicle/treat cookbook!

I have been a teacher for over twenty years and always cringe when parents bring ice pops in for the children as a treat. Most are full of artificial colors and loaded with things that I couldn't pronounce if I tried. Our preschool and kindergarten children LOVE, LOVE, Love making these once a week for a "cooking" project. We experiment and substitute "in season" fruit and juices as to what our budget can handle. The top picks for the children have been Bing Cherry and Vanilla \*We substituted strawberries (on sale in large quantities) and used Kerns strawberry banana juice. They were a huge hit- parent's actually asked us for the recipe. We have also made PB& Sesame raspberry pops \*substituted raspberries with grapes and a little diluted grape juice. Kids gobbled them up- and what a great way to introduce sesame seeds to kids that wouldn't normally be exposed to them. The older children are requesting the PB& Banana pops for their end of the year party!!! If you get kids involved in the process they WILL eat (or at least try) the new food. What a wonderful way to introduce good nutrition and teach cooking skills to young children!

I can hardly wait to try more of these delicious recipes. What a great book. I loved all the pictures as well. It's a visually stimulating book to get one craving lots of popsicles.

This book is great - it gives me just what I want in a popsicle book, which is flavor ideas/combinations I wouldn't come up with on my own, and a range of difficulty from simple to

complex. There is a bit of everything, for any palate and level. If you want a simple pop, there are lots that are very straightforward - example: Apricot Pops are made with water, sugar, apricot nectar and fresh apricots. Make a simple syrup, cool it, combine with apricot nectar and apricots, put in molds, freeze. Lots of very simple ones like that. Plus every recipe has variation ideas, like Apricot & Basil or Apricot & Cherry, plus it tells the yield which is helpful since all molds are different sizes. If you are looking for complicated, you can find that, too, like the Cookie Dough Pops, in which you make your own cookie dough, bake some of it into cookies, stir the rest into vanilla ice cream, then make cookie ice cream sandwiches on a stick with it all. An all-day project! There are six chapters and even though we don't drink coffee & tea (chapter 5) OR alcohol (chapter 6) I still say this book is TOTALLY worth the \$10 just for the ones I do use: Health Energy Pops (example: Green Apple & Flax Seed Pops), Fruit Juice Pops (ex: Kiwi Pops), Soda Fountain Pops (ex: Strawberry Soda Pops) and Cream & Pudding Pops(ex: Coconut Cream Yogurt Pops.) No one needs a cookbook to tell them how to make old standby favorites (pudding pops? TANG pops, anyone?) But at the same time who wants to put pastry-chef-effort into a simple cool treat? This book offers a very full range and really triple the recipes if you count all the variation suggestions - amazing offerings!

Fast deliver. New ways of surviving nutrition-foods for kids, sick ppl, who has no appetite

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